

WHITE ROCK YMCA

Pool Schedule August 26 - September 29

Pool usage may be altered to accommodate need. Lap swim includes water walking, senior swim, and therapeutic swim. Lifeguard and other aquatic training will be held as necessary - look for posted signs describing schedule changes, especially during holidays.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Closed					Closed	
					1:00p-5:30pm Family Swim & Lap Swim*	1:00p-5:30pm Family Swim & Lap Swim*
					Closed	
					Pool usage may be altered to meet program needs. Look for posted signs describing schedule changes, especially during holidays.	

*Lap lane will be used for swim tests periodically through the day. Thank you for your understanding and patience

‡A 5 minute Safety Break occurs every 2 hours beginning at 12:55 pm. This is a good time to take children to the bathroom and reapply sunscreen.

214 328 3849 www.whiterockymca.org

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For more information contact Daniel Whitfield, Aquatics Director, at dwhitfield@ymcadallas.org

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