



Gymnasium Schedule

Revised 09/3/2019

WHITE ROCK YMCA

Fall 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30a-10:30a Open Court <i>(No Full Court Games Allowed)</i>	5:30a-5:30p Open Court <i>(No Full Court Games Allowed)</i>	5:30a-10:30a Open Court <i>(No Full Court Games Allowed)</i>	5:30a-7:00p Open Court <i>(No Full Court Games Allowed)</i>	5:30a-6:30a Court Closed for Cleaning	6:00a-9:00a Full Court Pick-up Ages 18+	
				6:30a-8:20a Open Court <i>(No Full Court Games Allowed)</i>		
10:30a-12:00p GYM CLOSED for Enhanced Fitness	12:00p-3:00p Full Court Pick-up Ages 18+	10:30a-12:00p GYM CLOSED for Enhanced Fitness	12:00p-2:00p Full Court Pick up Ages 21+	8:30a-9:00a GYM CLOSED for Tread'n'Shred	9:00a-11:00a Family Play <i>(Parents and kids under 13)</i>	
12:00p-3:00p Full Court Pick-up Ages 18+		12:00p-3:00p Full Court Pick-up Ages 18+		10:30a-12:00p Gym Closed for Enhanced Fitness		
3:00p-5:00p Open Court <i>(No Full Court Games Allowed)</i>	5:30p-7:30p GYM CLOSED for Volleyball	3:00p-5:00p Open Court <i>(No Full Court Games Allowed)</i>	7:00p-8:00p GYM CLOSED for Get Up & Go	9:00a-10:30p Open Court <i>(No Full Court Games Allowed)</i>	11:00a-3:00p Open Court <i>(No Full Court Games Allowed)</i>	12:00p-3:00p Open Court <i>(No Full Court Games Allowed)</i>
5:00p-7:00p Full Court Pick up Ages under 18		5:00p-7:00p Full Court Pick up Ages under 18		2:00p-5:00p Open Court <i>(No Full Court Games Allowed)</i>		
7:00p-10:00p Full Court Pick Up Ages 18+	7:00p-10:00p Full Court Pick Up Ages 18+	7:00p-10:00p Full Court Pick Up Ages 18+	8:00p-10:00p Full Court Pick Up Ages 18+	5:00p-8:00p Full Court Pick up	3:00p-6:00p Full Court Pick Up	3:00p-6:00p Full Court Pick Up

Gymnasium Schedule subject to change for special events.