



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPLASH INTO FUN

Spring Swim Lessons 2018

Lake Highlands Family YMCA

Group Lessons:

MONDAY/WEDNESDAY	TUESDAY/THURSDAY	SATURDAYS	ADULT 9:30-10:00a (Saturdays)
4:05p 4:40p 5:15p 5:50p 6:30p	10:00a/10:40a/11:15 4:40p 5:15p 5:50p 6:30p	10:10a 10:45a (3-5only) 11:20a	PARENT CHILD 10:45- 11:15a (Saturdays) SPECIAL NEEDS 9:30- 10:00a (Saturdays)

Please check the session(s) you wish to participate in:

JANUARY

FEBRUARY

MARCH

- I. **M/W** 7th - 30th _____ IV. **M/W** 4th - 27th _____ IV. **M/W** 4th - 4/3 _____
II. **T/TH** 8th - 31th _____ V. **T/TH** 5th - 28th _____ V. **T/TH** 5th - 4/4 _____
III. **SAT** 12th - 2/2 _____ VI. **SAT** 9th - 3/2 _____ VI. **SAT** 9th - April 6th _____

No Lessons Spring Break

3/11- 3/16

Registration Information:

Participants Name: _____ Gender: M F Age: _____
Date of Birth: _____ Parent Name: _____
Address: _____ City: _____
State: _____ Zip: _____ Phone: () - _____ Alt. Phone: () - _____
E-mail: _____
Additional Emergency Contact: _____

Financial assistance available upon qualification

REGISTRATION DEADLINE is THURSDAY Before lessons start

YMCA Mission: To put Christian values into practice through programs that build healthy spirit, mind and body for all.

SWIM LEVELS (Beginner to Advanced)

Please circle the swimmers level:

SWIM STARTERS:	SWIM BASICS:	SWIM STROKES:	ADULT 13+
A / WATER DISCOVERY	1 / WATER ACCLIMATION	4 / STROKE INTRODUCTION	A / Beginner
B / WATER EXPLORATION	2 / WATER MOVEMENT	5 / STROKE DEVELOPMENT	B / Intermediate/advanced
Saturday 10:45a Only	3 / WATER STAMINA	6 / STROKE MECHANICES	Special Needs 3+

Weekday sessions (8 Lessons) Member \$65 | Non Member \$96

Saturday Session (4 Lessons) Member \$35 | \$55

All classes are 30
minutes each

Would you like to be contacted about our Annual Community Support Campaign? Yes No

Hold Harmless / Photo Release: By my signature, and of my free will, I do hereby agree to indemnify and hold harmless the YMCA OF METROPLITAIN DALLAS from all claims or demands, costs, or expense arising out of any injuries, damages, or other losses, whether personal or property sustained by me or any party to whom I am responsible. For my participation in activities to be conducted by YMCA OF METROPLITAIN DALLAS, I hereby give my permission and consent, now and for all time, to YMCA OF METROPLITAIN DALLAS, the National Council of Young Men's Christian Associations of the United States of America (YMCA of the USA) and third parties collaborating with YMCA OF METROPLITAIN DALLAS and/or YMCA of the USA to make, reproduce, edit, broadcast or rebroadcast any video film, footage, sound track recordings and photo reproductions of me and/or my narrative account of my experience at YMCA OF METROPLITAIN DALLAS, for publication, display, sale or exhibition thereof in promotions, advertising and legitimate business uses without any compensation to, and/or claim, by me. I may, or may not be, identified in such reproductions; however, I shall not be stated by name to have endorsed any commercial products or commercial services.

SWIM LESSON POLICIES:

- We will **only have a make up a lesson in the case that the YMCA has to cancel a class.** We do not offer make up lessons for personal schedule conflict.
- **Once the session begins, class fees are not refundable.**
- A parent or guardian must be present in the facility at all times if participant is under the age of 16.
- Communication is integral to our cooperative efforts in ensuring the best possible environment for your child or yourself to learn. If you have any questions, comments, or concerns, speak to your instructor before or after the lesson. The Aquatics Director is also available to answer questions, either during lessons, by phone, or email, however, we would like to emphasize good parent/participant-instructor communication. I have read the above policies and understand the terms and conditions therein. By signing this form, I agree to abide by these terms and condition to foster a better learning environment for the participants in the programs, my children and their peers.
- In case of accident or illness, I authorize the calling of medical services. I will not hold the YMCA or the volunteers responsible. In case of accident, I can be reached at the numbers stated. In the event of an emergency, I give the YMCA permission to provide first aid and/or transport my youth to the nearest medical facility. I also give permission for the necessary emergency treatment by a physician/hospital/clinic.

REFUND POLICY:

There is a \$20.00 service fee will be assessed to all credits or refunds prior to first lesson. Once the program begins (lessons, practice, event), there will be no refund given.

NSF Policy (Insufficient Funds): All returned checks, bank drafts, credit card charges will be submitted to ECASHFLOW systems and include a service fee of \$30.

SIGNATURE: (Parent/Guardian) _____ **DATE:** _____

Staff Use Only

Receipt #

Amount Paid:

Date Paid:

Staff Initials:

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