



For Youth Development  
For Healthy Living  
For Social Responsibility

Coppell Family YMCA  
146 Town Center Blvd. Coppell, TX 75019  
972-393-5121 www.coppellymca.org

# Spring 2019 Pool Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00	Lap Swim 5:00-6:15					Pool Closed	
5:30							
6:00							
6:30	Coppell HS Practice 6:15-8:45					Lap Swim 7:00-7:30	Pool Closed
7:00							
7:30							
8:00							
8:30	Water Fitness & 1 Lap Lane 9:00-11:00					Cruisers YMCA Practice 7:30-8:15	
9:00							
9:30							
10:00	Water Fitness & 1 Lap Lane 9:00-11:00					Water Fitness 9:20-10:20	
10:30							
11:00							
11:30	Group Lessons & 4 Lap Lanes 11:00-12:00	Lap Swim 11:00-12:00	Group Lessons & 4 Lap Lanes 11:00-12:00	Lap Swim 11:00-12:00		Swim Lessons 10:30-1:00	Lap Swim 12:00-2:00
12:00							
12:30							
1:00	Lap Swim 12:00-2:45					Swim Assessment 1:00-2:00	Water Fitness 2:00-3:00
1:30							
2:00							
2:30	Coppell HS Practice 2:45-4:15					Family Swim & 2 Lap Lanes 2:00-5:45	Family Swim & 2 Lap Lanes 3:00-5:45
3:00							
3:30							
4:00	Cruisers YMCA Practice 4:15-6:15				Cruisers YMCA Practice 4:15-6:15		
4:30							
5:00							
5:30	Swim Lessons & Water Fitness 6:15-7:30	Swim Lessons 6:15-7:30	Swim Lessons & Water Fitness 6:15-7:30	Swim Lessons 6:15-7:30	Family Swim & 2 Lap Lanes (cancelled in the event of make-up lessons) 6:15-7:45	Pool Closed	
6:00							
6:30	Swim Lessons & Cruisers YMCA Practice 7:30-8:15				Pool Closed		
7:00	Adult Swim Lessons & 3 Lap Lanes 8:15-9:15						
7:30	Swim Lessons & Cruisers YMCA Practice 7:30-8:15				Pool Closed		
8:00	Adult Swim Lessons & 3 Lap Lanes 8:15-9:15						
8:30	Pool Closed				Pool Closed		
9:00	Pool Closed						

**Text '@cpaquatics' to 81010 for updates on pool closures and schedule changes**  
**Schedule Subject to Change Without Notice**  
**Lap Lanes Only Guaranteed During Lap Swim**