



# YMCA COLLIN COUNTY ADVENTURE CAMP

## Confidential Health Form



This two-page health form is **REQUIRED** for camp attendance. Please read carefully and complete in full.

Camper Last Name	First Name	DOB	Age	Gender

Emergency Contact Name			
Home Address		Work Address	
City/State		City/State	
Zip Code		Zip Code	
Phone	(    )	Phone	(    )

Primary Care Physician		Phone	(    )
Dentist		Phone	(    )
Insurance Provider		Phone	(    )
Policy or Group Number			

**Health History ( check all that apply ):**

	Diseases:	Allergies:
<input type="checkbox"/> Asthma	<input type="checkbox"/> Chicken Pox	<input type="checkbox"/> Hay Fever
<input type="checkbox"/> Frequent Ear Infections	<input type="checkbox"/> Measles	<input type="checkbox"/> Poison Oak/Ivy, etc.
<input type="checkbox"/> Heart Defect/Disease	<input type="checkbox"/> German Measles	<input type="checkbox"/> Insect Stings
<input type="checkbox"/> Convulsions/Epilepsy	<input type="checkbox"/> Mumps	<input type="checkbox"/> Penicillin
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Mononucleosis	<input type="checkbox"/> Other Drugs
<input type="checkbox"/> Bleeding/Clotting Disorders	<input type="checkbox"/> Other <i>(specify below)</i>	<input type="checkbox"/> Nuts/Dairy
<input type="checkbox"/> Hypertension		<input type="checkbox"/> Other <i>(specify below)</i>
<input type="checkbox"/> Psychiatric Treatment		
<input type="checkbox"/> Operations or Serious Injuries		
<input type="checkbox"/> Disability/Chronic/Recurring Illness		
<input type="checkbox"/> Bed Wetting		

**Immunization History (We no longer need a copy of your child's vaccination record.)**

Vaccines	Most Recent Dose (MM/YY)	Vaccines	Most Recent Dose (MM/YY)
DPT (Diphtheria, Pertussis, Tetanus)		Hepatitis A	
<b>Tetanus Booster * MM/YY is required</b>		Hepatitis B	
Polio (IPV)		Pneumococcal (PCV)	
MMR (Measles, Mumps, Rubella)		Tuberculin (TB) test	
Meningococcal Meningitis (MCV4)		Varicella (Chicken Pox)	
Haemophilus Influenza Type B (HIB)			

This health history is correct so far as I know, and the person herein described has permission to engage in all prescribed camp activities except as noted. Authorization for Treatment: I hereby give permission to the medical personnel selected by the camp director, to order X-rays, routine tests, treatment, and necessary transportation for me/or my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for my child as named above. The completed forms may be photocopied for trips out of camp.

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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## Confidential Health Form Pg. 2

Camper Name	Height	Weight

Does camper have epilepsy? Y or N

Does camper have diabetes? Y or N

The camper is under the care of a physician for the following condition(s): \_\_\_\_\_

\_\_\_\_\_

Any treatment to be continued at camp: \_\_\_\_\_

\_\_\_\_\_

Any medically prescribed meal plan or dietary restrictions: \_\_\_\_\_

\_\_\_\_\_

Any record of known allergies (food, plants, insects, medication, etc.): \_\_\_\_\_

\_\_\_\_\_

If Female, Has camper menstruated? Y or N

If so, is her menstrual history normal? Y or N

\_\_\_\_\_

Any medications to be administered while at camp: \_\_\_\_\_

**Please fill out Parent Authorization Medicine form.**

Any activities encouraged or limited at camp: \_\_\_\_\_

\_\_\_\_\_

Additional health information: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# PARENT AUTHORIZATION FOR MEDICATION FORM

**\*one form is required for each medication**

Name of Child: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Weight: \_\_\_\_\_

Medication Type: Prescription Medication Non-Prescription Medication

Medication: \_\_\_\_\_ Prescription #: \_\_\_\_\_ Dosage: \_\_\_\_\_

Time(s) of Day Medication is to be Given: Lunch Dinner Other: \_\_\_\_\_

When was last dose given to child: \_\_\_\_\_

Reason for Medication: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

Possible Side Effects: \_\_\_\_\_

Continue Medication Until (date): \_\_\_\_\_

Doctor Name \_\_\_\_\_ Doctor's phone # \_\_\_\_\_

Parent's Primary Phone \_\_\_\_\_ Parent's Secondary Phone \_\_\_\_\_

**I GIVE PERMISSION FOR YMCA OF METROPOLITAN DALLAS TO ADMINISTER THE ABOVE REFERENCED MEDICATION ACCORDING TO THE INSTRUCTIONS ABOVE TO MY CHILD, \_\_\_\_\_ WHILE IN THE CARE OF THE YMCA, AS ORDERED BY MY HEALTHCARE PROVIDER.**

Parent/Guardian Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\*\*This Section Completed by YMCA Health Officer\*\*\***

## Prescription Medication

Parent Permission Received (this form)  
Original prescription label is readable  
Name and strength of medication on label  
Medication is not expired  
Name of child matches intended recipient  
Health care provider name/contact on container  
Dispense instructions  
Storage instructions  
Child medication log set up

\_\_\_\_\_  
Health Officer Signature

## Non-Prescription Medication

Parent Permission Received (this form)  
Original manufacturer label is readable  
Name and strength of medication on label  
Medication is not expired  
Storage instructions  
Health care provider written note is provided  
Dispense instructions  
Child medication log set up

\_\_\_\_\_  
Health Officer Signature

**\*\*\*This Section Completed by YMCA Health Officer\*\*\***

Returned to Child's Parent/Guardian Thrown Away Date: \_\_\_\_\_

\_\_\_\_\_