

WHO WE ARE & WHAT WE DO

Safety Around Water-(SAW) Drowning is the leading cause of death in children ages 1-4yrs. The Semones YMCA sends a team of 8-10 Lifeguards and Swim Instructors to apartment complexes in underserved communities to teach free swim lessons. Some kids come to the BIG Y to take part in this lifesaving, learning opportunity. We will never know how many lives \$70,000 in scholarship funding saved last summer.



Youth Sports- Too many children in our community, playing youth sports is a natural, expected part of growing up. To others, the fees, uniform expenses, and ability to secure a volunteer coach create roadblocks for participation. Last year the Semones YMCA was able to award \$138,214 in financial assistance so that 965 children could be a part of a team and look forward to a brighter future.

Sierra Vista/Escuelita- Our after school enrichment and tutoring program at the Sierra Vista Apartment Complex provides a safe place for neighborhood children. The children who attend Escuelita (a name the families involved fondly gave the program), get one-on-one tutoring from local high school volunteers and are also challenged to journal twice a week.



Revitalizing Our Community-ROC Camps 1&2- These two camps emerged to allow us to provide economically challenged youth the same great camp experiences as their more fortunate peers. ROC Camp 1, serves 40 campers daily and is based out of Marcus Elementary school, ROC Camp 2 serves 60 campers daily at Johnston's Outpost (weather permitting). These camps have well-balanced curriculums that help develop the whole child: spirit, mind and body.

Dallas Area Parkinson's (DAPS)- DAPS provides a certified instructor to teach classes for Parkinson's patients twice a week.

Serving Our Children with Special Needs- Champions League, a buddy program where local high school volunteers partner with a young person with special needs, provides an opportunity to compete in a different sport each month. The Semones YMCA also offers social events quarterly so that children with special needs can celebrate holidays.



Giving Tree & Outreach Christmas Party- Our Y adopts 150 kids; each child gets two gifts. Our board members and outreach director host a super fun and well-attended Christmas Party at Sierra Vista where gifts are distributed.

US Navy Collaboration- Navy Sailors, Rescue Swimmers, and SEALs perform Physical Screening tests at Semones. This program is for people who are already in the Navy and want to advance to the next level.

Boy Scouts of America- Scouts meet at Johnston's Outpost, achieve merit badges at the Y and the YMCA is frequently a beneficiary of Eagle Scout Projects. This relationship continues to flourish, and several scout groups offer their services to the YMCA.

Casa del Lago Collaboration-85 youngsters from the Bachman Lake neighborhood are rewarded with swim lessons and open swim when they have completed their morning of reading, phonics, and writing. Casa del Lago offers faith-based educational programming, counseling, and legal assistance.

Jack and Jill America Collaboration- Leadership Organization for African American students. The Semones YMCA opens our doors for their Annual Beautillion Practices.

Seniors- Increasingly, seniors are at risk for social isolation and loneliness, due to factors such as increased likelihood of living alone, death of friends and family members, retirement or poor health. Our active older adults participate in group exercise programs designed to meet their needs and after class they reward themselves with coffee, treats and fellowship in the lobby. Semones Family Seniors are remarkable - over 150 folks in their 80s and two dozen folks in their 90s grace us with their presence regularly. Approximately 1/3 of the financial assistance given for membership is given to this very special group.

