

# APR 2025

SUN

MON

TUE

WED

THU

FRI

SAT

							01	02		03	04	05
							ADAPTED PICKLEBALL 4:00PM IN GYM	Special Olympic Soccer Practice 5:30pm Moody Y Field			Adapted Aqua Fitness 5:30pm	Adapted Swim* Lesson 9-11:30am ADAPTED DANCE 12 pm GX1
06	07	08		09	10	11	12					
BBALL SKILLS/CONDITIONING 1:30PM IN GYM Tennis 4:30 HPHS	STRENGTH/CONDITIONING 6:30PM IN HODGES HALL	ADAPTED PICKLEBALL 4:00PM IN GYM	Special Olympic Soccer Practice 5:30pm Moody Y Field		Adapted Aqua Fitness 5:30pm	Adapted Swim* Lesson 9-11:30am ADAPTED DANCE 12 pm GX1						
13	14	15		16	17	18	19					
BBALL SKILLS/CONDITIONING 1:30PM IN GYM Tennis 4:30 HPHS	STRENGTH/CONDITIONING 6:30PM IN HODGES HALL	ADAPTED PICKLEBALL 4:00PM IN GYM	Special Olympic Soccer Practice 5:30pm Moody Y Field		Adapted Aqua Fitness 5:30pm	Adapted Swim* Lesson 9-11:30am ADAPTED DANCE 12 pm GX1						
20	21	22		23	24	25	26					
EASTER	STRENGTH/CONDITIONING 6:30PM IN HODGES HALL	ADAPTED PICKLEBALL 4:00PM IN GYM	Special Olympic Soccer Practice 5:30pm Moody Y Field		Adapted Aqua Fitness 5:30pm	Adapted Swim* Lesson 9-11:30am ADAPTED DANCE 12 pm GX1						
27	28	29		30								
BBALL SKILLS/CONDITIONING 1:30PM IN GYM Tennis 4:30 HPHS	STRENGTH/CONDITIONING 6:30PM IN HODGES HALL	ADAPTED PICKLEBALL 4:00PM IN GYM	Special Olympic Soccer Practice 5:30pm Moody Y Field		*Pre Registration required for Swim Contact Allison Atwood							

# SCHEDULE

- SUNDAY: BASKETBALL 1:30-2:30 IN MOODY GYM
- MONDAY: STRENGTH AND CONDITIONING 6:30-7:30PM HODGES HALL
  - TUESDAY: PICKLEBALL 4-5PM IN MOODY GYM
- WEDNESDAY: SPECIAL OLYMPIC SOCCER PRACTICE 5:30-6:30 MOODY Y FIELD
  - FRIDAY: AQUA FITNES 5:30PM IN MOODY Y POOL
- SATURDAY: SWIM LESSONS (PRE-REGISTRATION REQUIRED) 9:00-11:30AM IN MOODY Y POOL
  - SATURDAY: DANCE 12 GX1

FOR MOR INFORMATION PLEASE CONTACT ALLISON ATWOOD  
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