

NORTH COURT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN COURT 5:30AM-7AM	OPEN COURT 5:30AM-8:20AM	OPEN COURT 5:30AM-7AM	OPEN COURT 5:30AM-8:20AM	MEN'S OPEN COURT 5:30AM-7AM	OPEN COURT 7AM-6PM	OPEN COURT 2PM-5PM
PICKLEBALL 7AM-8:30AM	RISE PROGRAMMING 8:30AM-4PM	PICKLEBALL 7AM-8:30AM	RISE PROGRAMMING 8:30AM-4PM	OPEN COURT 7AM-8:20AM		
RISE PROGRAMMING 8:30AM-4PM	OPEN COURT 4PM-4:50PM	RISE PROGRAMMING 8:30AM-4PM	OPEN COURT 4PM-6:20PM	RISE PROGRAMMING 8:30AM-4PM		
OPEN COURT 4:10PM-9PM	VOLLEYBALL GAMES 5PM-7PM	OPEN COURT 4PM-9PM	VOLLEYBALL PRACTICE - HYER 6:30PM-7:30PM	VOLLEYBALL PRACTICE - PROVIDENCE 4:10PM-5:10PM		
	OPEN COURT 7:10PM-9PM		OPEN COURT 4PM-9PM	OPEN COURT 5:15PM-9PM		

MOODY YMCA GYM SCHEDULE SPRING 2025

SOUTH COURT

OPEN COURT 5:30AM-9PM	OPEN COURT 5:30AM-10:50AM	OPEN COURT 5:30AM-10AM	OPEN COURT 5:30AM-10:50M	MEN'S OPEN COURT 5:30AM-7AM	OPEN COURT 7AM-8:50AM	OPEN COURT 2PM-5PM
	BEGINNER PICKELBALL 11AM-1:30PM	LOW IMPACT GX CLASS 10:15AM-11AM	PICKLEBALL 11AM-1:30M	OPEN COURT 7:15AM-9:50AM		
	OPEN COURT 12:40PM-3:50PM	OPEN COURT 11:10AM-4PM		CONNECTING POINT CLASS 10AM-11AM	PICKLEBALL 9AM-11AM	
	SPECIAL OLYMIC PICKLEBALL 4PM-5PM	SPEICAL OYLMIC BASKETBALL PRACTICE 4:30PM-5:30PM	HPISD TRANSITIONS PE 2:15PM-3:15PM			
	OPEN COURT 5:10PM-9PM	MEN'S OPEN COURT 6PM-9PM	OPEN COURT 3:20PM-9PM	OPEN COURT 11:10AM-8PM	OPEN COURT 11:10AM-6PM	

REMINDERS: NO FOOD. Closed containers only.
The YMCA reserves the right to change the schedule as needed.