



MOORLAND YMCA

INDOOR POOL SCHEDULE

06.02.2025

AQUA FITNESS CLASSES REQUIRE RESERVATIONS
POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

	MON	TUE	WED	THU	FRI	SAT	SUN
LAP SWIM		8:00a-9:00a 5 Lap Lanes		8:00a-9:00a 5 Lap Lanes		11:15a-1:00p 2 Lap Lanes	
AQUA FITNESS	7:00p-8:00p 5 Lap Lanes 8:00a-9:30a		7:00p-8:00p 5 Lap Lanes 8:00a-9:30a		3:30p-7:30p 5 Lap Lanes 8:00a-9:30a		
FAMILY SWIM		6:30p-8:00p		6:30p-8:00p		11:15a-1:00p	

We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information

*Schedule subject to change due to weather, chemicals, programming, etc

*If swim lessons are canceled Monday-Thursday, make-up lessons will be held Friday at 6-8pm