



# LAKE HIGHLANDS YMCA

## OUTDOOR POOL SCHEDULE

05.27.2025

AQUA FITNESS CLASSES REQUIRE RESERVATIONS  
POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

|             | MON          | TUE          | WED          | THU          | FRI          | SAT         | SUN         |
|-------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|
| FAMILY SWIM | 9:30a-12:30p | 9:30a-12:30p | 9:30a-12:30p | 9:30a-12:30p | 9:30a-12:30p | 9:30a-5:45p | 1:00p-5:45p |
|             | 3:00p-8:00p  |              |              |              | 4:00p-7:45p  |             |             |

**We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information**

\*Lane availability is subject to change based on weather. Friday afternoon availability is subject to change based on make up swim lessons canceled due to weather.