



# SEMONES YMCA

## 2025 SUMMER OUTDOOR POOL SCHEDULE

Updated 07.01.2025

**AQUA FITNESS CLASSES REQUIRE RESERVATIONS**  
 POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

	MON	TUE	WED	THU	FRI	SAT	SUN
LAP SWIM	5:00a-6:00a 10 Lap Lanes	5:00a-5:45a 10 Lap Lanes	5:00a-6:00a 10 Lap Lanes	5:00a-5:45a 10 Lap Lanes	5:00a-6:00a 10 Lap Lanes		
	6:00a-8:00a 5 Lap Lanes	5:45a-7:00a NO Lap Lanes 7:00a-8:00a 10 Lap Lanes	6:00a-8:00a 5 Lap Lanes	5:45a-7:00a NO Lap Lanes 7:00a-8:00a 10 Lap Lanes	6:00a-8:00a 5 Lap Lanes	7:00a-8:00a 10 Lap Lanes	
	8:00a-9:30a 6 Lap Lanes					8:00a-10:00a 6 Lap Lanes	
	9:30a-12:00p 7 Lap Lanes						
	1:00p-8:00p 4 Lap Lanes	1:00p-4:30p 4 Lap Lanes 4:30p-6:30p NO Lap Lanes 6:30p-8:00p 4 Lap Lanes	1:00p-8:00p 4 Lap Lanes	1:00p-4:30p 4 Lap Lanes 4:30p-6:30p NO Lap Lanes 6:30p-8:00p 4 Lap Lanes	1:00p-7:00p 4 Lap Lanes	10:00a-5:30p 5 Lap Lanes	1:00p-5:30p 5 Lap Lanes
AQUA FITNESS	9:30a-10:15a 3:00p-4:00p	8:15a-9:30a 3:00p-4:00p				8:00a-10:00a	
FAMILY SWIM & SPLASH PAD	10:30a-12:00p				1:00p-7:00p	10:00a-5:00p	1:00p-5:00p
	1:00p-8:00p						

**We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information**

\*lane availability is subject to change based on weather. Friday afternoon availability is subject to change based on make up swim lessons canceled due to weather.