



# LAKE HIGHLANDS YMCA OUTDOOR POOL SCHEDULE 08.11.2025

AQUA FITNESS CLASSES REQUIRE RESERVATIONS  
POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

	MON	TUE	WED	THU	FRI	SAT	SUN
FAMILY SWIM	CLOSED				9:00a-4:00p CLOSED	7:30a-9:30a CLOSED	
					4:00p-7:30p	9:30a-5:45p	1:00p-5:45p

**We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information**

\*Lane availability is subject to change based on weather. Friday afternoon availability is subject to change based on make up swim lessons canceled due to weather.