Sky Ranch - Van TX - October 17th-19th

Campout Notes - Distribute to your Circle.



Be Sure to Print this and Bring with You!!

## Navigator's Notes – Bring This To The Campout



Congratulations! By taking your child on an Adventure Guide campout you are letting them know that they are the most important person in your life. If you have been on a campout before, you know that it is a great opportunity to make memories and build a strong relationship with your child. If this is your first campout, get ready for memories that will last a lifetime!

Under the guidance of a carefully selected camp staff, you will find yourself in the beautiful piney woods of East Texas, located outside of Tyler. Whether you are visiting for a weekend or staying for a lifetime, Sky Ranch has the amenities and services to meet your every need, from first-class dining and resorts to some of the greatest challenge events in Texas.

In our effort to make this a positive experience for everyone we ask that you please leave alcohol at home and respect the policies and procedures set forth by camp and your Program Director. Thanks for helping make your campout safe and successful.

Good Decisions!!! Sky Ranch is an Alcohol-Free facility; they will fine \$1,000 per occurrence please respect their rules. Practice good fire safety and enjoy the fire pits and grates at the cabins! Such reckless behavior is discouraged and prohibited, and the camp reserves the right to dismiss anyone that doesn't practice common sense.

Please feel free to contact us with any questions that you might have. We look forward to having you and your child as our guests!

### Navigators - Please get this information to your circle

Pre-Camp Notes	
REGISTRATION DEADLINE: October 13 <sup>th</sup>	Registration for this campout will close on Monday, October 13 <sup>th</sup> if it does not reach capacity prior to the deadline. If you are not sure that you're registered contact aginfo@ymcadallas.org. Registration includes Saturday breakfast and lunch. Cabin assignments will be provided when you check-in and everyone will need to check in and get a wristband. Any special needs requirements; please contact us- aginfo@ymcadallas.org.
FIREWOOD: No Deadline	Firewood is included in your registration; there is no ordering system for Sky Ranch. They will provide between 50-75 pieces per cabin.

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### **Camp Schedule**

### Friday

Time	What	Where	
4:00 <sup>PM</sup>	Check In & Cabin Assignments	When you arrive, you will be greeted by a staff member, they will direct you to registration and parking. You will want to enter through the North gate. You will park in the green parking lot and check-in will be in the pink lot at a tent. See picture in back of packet. Everyone must check in. You will receive cabin assignments when you check-in. A waiver must be filled out prior to going into camp it was emailed out to leaders and participants.	
		You will be directed to a parking area, from the parking area the camp staff will shuttle you to your cabins. <u>YOU CANNOT DRIVE TO THE CABINS!</u>	
		<b>Eating!!</b> There are no meals served Friday night, plan to stop for dinner along the way out or cook out at the camp. Drive Safe and Arrive safe! You can try Soulman's BBQ just off the exit to Sky Ranch, you'll see the signs	
5:00 <sup>PM</sup> -9:00 <sup>PM</sup>	Low Ropes, Mini Golf, Human Maze, Treetop Towers		
6:00 <sup>PM</sup>	Dinner	<b>Dinner!</b> There are no meals served Friday night or Saturday night.	
7:30 PM Activity Center	Navigators Meeting Required Attendance	<b>Activity Center</b> please make sure you send either your lead volunteer or a representative from each group. We will review schedules, camp rules, and meet camp staff.	
8:15 <sup>PM</sup>	Flashlight Walk	Ask about this at the meeting!	

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Saturday	Saturday					
Time	What	Where				
All Day	Circle Flag	Navigators – Be sure to bring your flag to the camp and display on your cabin or nearby tree. Be sure to present your colors at each event, carry your flag with you through the day.				
7:30am	Breakfast	<b>Dining Hall</b> –There will be one mealtime this weekend at 7:30, don't miss out or risk going hungry.				
TBD	Enjoy the Activities	<ul> <li>Zip Lines</li> <li>Jumping Pillow</li> <li>Tree Top Towers- Vertical Playground</li> <li>Hatchets</li> <li>Unstaffed activities-volleyball, maze, basketball, mini golf, activities in activity center</li> <li>Marina- canoes, water trikes, etc.</li> <li>Premium Activities: horseback riding, laser tag. Pay for them at the Corner Store Saturday morning</li> </ul>				
11:30am	Lunch	Dining Hall -There will be one mealtime this weekend at 11:30, don't miss out or risk going hungry.				
TBD	Enjoy More of the Activities	Same as above and more  • Zip Lines • Jumping Pillow • Tree Top Towers- Vertical Playground • Various Water Slides • Party Pool • Waterslides • Skywaii • Unstaffed activities- volleyball, maze, basketball, mini golf, activities in activity center • Premium Activities: horseback riding, laser tag. Pay for them at the Corner Store Saturday morning				
1:00-5:00 <sup>PM</sup>	Sky Café	Sky Café is open for snacks and treats, lots of good and sugary treats Located in the rear of the Legacy Center.				
8:00 <sup>AM</sup> to 6:00 <sup>PM</sup>	Corner Store	The corner store will be open all day on Saturday and open on Sunday morning.				
TBD	Bonfire	There will be one bonfire this weekend. Procession to Canoe Beach. A Navigator will escort your circle to the fire, details at the leader meeting. Looking for yolunteers for this weekend!				

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Sunday

Time	What	Where
9:00 <sup>AM</sup> to Noon	Pack Up and Enjoy the Camp	Drive Safely Everyone!! Check Out: Please sweep the cabins, bag up your trash and pick up around the campground. Please leave the camp cleaner than you found it. If you moved any tables, bunks or mattresses, please return them where you found them. All items must be out of the cabins by 10.

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#### **More Important Stuff**

**About Your Campout:** This is a full-service campground, meaning that you will be in cabins with heat and in some cases A/C. All cabins will have a bathrooms and showers. The bunkbeds are hard with what resembles a mattress. Bring either blankets or a sleeping bag and pillows. There are no linens, so you need to bring towels and such. Don't forget the stuffed animals and those stinky blankets that every kid has and needs to go to sleep. With that said, make sure you have it when you leave. If you are a light sleeper consider some ear plugs, you can find at any sporting store that caries hunting gear. These are cabins, not hotel rooms so set your expectations accordingly. Please keep the kids from jumping off of the bunk beds – a broken leg or twisted wrist is not the memory you are looking to achieve.

**Roles:** Most circle will assign roles. One person responsible for ordering the firewood, one to bring food one to cook, a cook or grill master, therapist, mediator and such – everyone should take a role. Pack whatever you like but expect the kids to raid each cooler – so bring extra. Don't expect the kids to eat much so attempt to bring snacks that might offer some nutritional value (cereal bars, fruit, Lunchables and other make-believe healthy stuff – protein wards off bad behavior). Make sure you pack any medicines your kids need but also bring your usual off the shelf meds too (allergy meds, Tylenol, whatever) – there are no pharmacies nearby. Bring extra shoes and socks, a pair of long pants and closed toe shoes. And I hate to say it, bring rain gear.

**Keep an eye on the kids**: Recommendation, the buddy-system or better yet – the herd-system. Kids should never be alone or not where a parent is not nearby. This weekend is about time with your child, be sure to have your one-on-one time. Don't use the drive to the camp as an opportunity to catch up on voice mail, put down the phone and talk to your kid – turn off the TVs in back seat. You kids will remember this weekend more than any other weekend in their entire life.

**Meltdowns**: Usually reserved for Saturday afternoon when the kids are the most tired. Work through it with the kids. Just know that it will happen and it will be over in 10-minutes or less. I don't suggest silly threats (we are going to leave if you don't stop...).

**Behavior**: Not the kids, the dads. Make good decisions. The camps are alcohol free facilities; this is a weekend to spend with your kids – not a weekend to get loaded with your buddies. But also, encourage the kids to behave well and be respectful of the camp and each other.

**Most Important:** Make sure that the kids are having a great time. We expect the dads to have a ton of fun too, but you will be tired, achy and cranky. This is camping and the facilities are not Ritz or even Motel 6 like. The camps are mostly run by volunteers, so be patient and set your expectations accordingly...

**Sleeping Arrangements:** Most cabins have between 10 and 14 beds (5 to 7 bunk beds). The size of your group will dictate how many cabins your circle will be assigned. In some cases, your group may be sharing a cabin with another group. We do our best to avoid this but there is limited space and we have to accommodate everyone. Please do not move beds out of cabins.

If your child is one that likes to wonder in the middle night, you might consider letting them have the bottom bunk and you take the top bunk. Please, keep the kids from jumping off of the bunks. Snorers, you know who you are – work with your cabin mates to minimize their pain and discomfort inflicted by your snoring.

**Chant or Song.** Each Circle should create a chant, a war song or some other creative way to vocalize their Circle. Each Circle will be asked to sing, shout or scream their chant or song on the council fire.

**Horseback Riding:** Riding is available for an additional cost of \$25. First come, first serve. Call ahead of time to make a reservation for your entire group. Or, you can sign up at the Corner Store in the dining hall however this is first come – first served so space may be limited. Long pants and closed toe shoes are required for horseback riding.

Nation Games: Nation Games, Athletic Field. This is a great group activity. A great team building experience for the campers.

**Directions and Check in Procedures**: Once you have checked in, you will be given your cabin assignments. You will be directed to a parking area where you will then load all of your gear and junk into a shuttle. The camp staff will talk you to your cabin.

**Other Camp information:** Please remember no silly string, sidewalk chalk, pets, or digging holes. We need to keep the camp they way it was before we came.

**Camp Cooking:** Most of the cabin areas will have a fire pit. Typically, the fire pits don't off much of a grill to cook on. Many bring portable gas grills or charcoal grills. Just remember, sometimes you may be quite a distance from your camp area. You can also bring a grill to place over the fire pit or put some charcoal in the fire pit for cooking. There are raccoons that will break into the coolers at night, so make sure you secure things the best you can.

**Camp Fires:** Please be safe around the fires, burn only firewood – no bombs, cans, trash or other debris. Camp fires are great fun, enjoy them safely. No cutting/chopping down trees. Keep fires in the fire pits/rings ONLY.

**Behavior:** Be wise and make good decisions. Alcohol, fireworks and bad behavior are not allowed. This is a weekend for you to build lasting bond with your child. The YMCA reserves the right to kick you out for such decisions.

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**Your Volunteer Team:** This team has committed their time to the program. We want you to have a great time. We do not however run the camp facility, concerns regarding the camp facility need to be addressed with the camp director; of course the Navigator will assist in any way possible.

Final Reminder: You cannot park next to the cabins! Please pack accordingly.

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**Sky Ranch**: 24657 CR 448- Van, TX 75790 - Ph: 903-266-3300

Driving Directions, but you may go online to route your own plan.

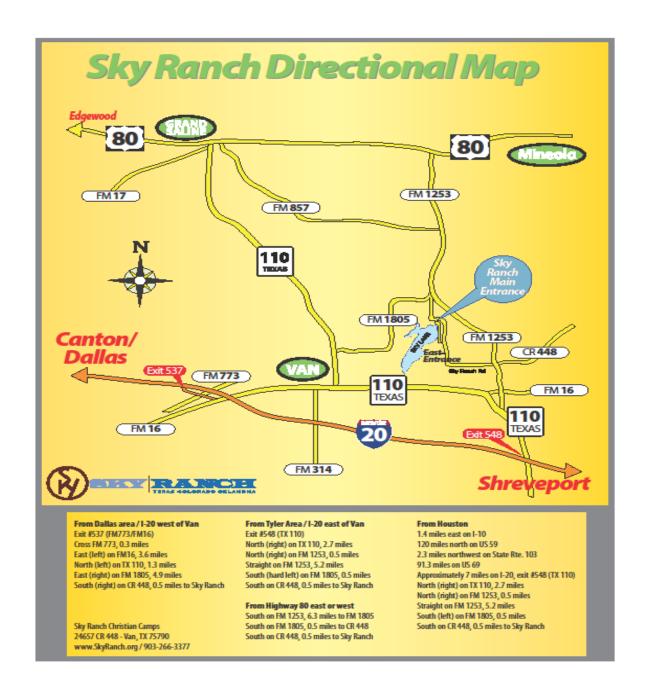
www.skyranch.org

### From Dallas/Fort Worth

- Take I-635 E, to US 80 E to get to I 20 E
- Exit #537 (FM773/FM16)
- Cross FR 773, 0.3 miles
- East (left) on FM16, 3.6 miles
- North (left) on TX 110, 1.3 miles
- East (right) on FM 1805, 4.9 miles
- South (right) on CR 448, 0.5 miles to Sky Ranch

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#### **No Tolerance Alcohol Policy**

The YMCA Adventure Guide program is an alcohol and a drug-free environment. The use of alcohol or illegal drugs on YMCA property or during a YMCA Adventure Guide event is strictly prohibited. The YMCA Adventure Guide program has a no tolerance policy. Anyone found drinking or using illegal drugs will be asked to leave the program for one year. This policy is consistent with the mission of the YMCA and is the policy dictated by the YMCA of Metropolitan Dallas.

#### Reinstatement Policy

The YMCA of Metropolitan Dallas allows each branch the opportunity to define criteria to reinstate those suspended due to the alcohol policy. After six (6) months of suspension and suspension from one campout, the suspended person(s) can be reinstated. The Richardson Family YMCA defines its reinstatement policy as follows:

Any person, suspended due to alcohol violations, can be reinstated if the person meets the following criteria:

- Has been suspended for at least 6 months
- Has missed one campout due to suspension
- In the opinion of the Council officer and Y-Staff involved the alcohol incident was limited to consumption or possession. No other person was harmed or disturbed by behavior resulting from consumption.
- In the opinion of the Council officer and Y-Staff involved the person cooperated with the punishment and peaceably left the YMCA event.
- In the opinion of the Council officer and Y-Staff the person honored the suspension by not attending YMCA events.

The suspended individual must request to be reinstated into the program by contacting the YMCA Program Director. The YMCA Program Director will then review the details of the alcohol incident with Council members then based upon the findings, determine the appropriate reinstatement action.

#### YMCA Mission:

To put Christian values into practice through programs that building healthy spirit, mind and body for all.

#### YMCA Core Values:

Caring Honesty Respect Responsibility

THIS CAMP DOES FINE FOR ALCHOL INCIDENTALS. THE FINE WILL BE UP TO \$1000 PER INCIDENT. THIS FINE WILL COME BACK TO THE GROUP.

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Item	Description	Who Done
Clothing (put your name on everything)		
Extra clothing, socks, shoes		
Jeans	Long pants are required for horseback riding	
Warm Jacket	Long pants are required for norseback fiding	
Rain Gear		
Hiking boots	Closed toe shoes are required for horseback riding	
Back packs		
Circle T-shirts		
Food		
Cooking		
Grill	The fire pits at the camp typically do not have cooking grills.	
Grilling utensils	3 5 c	
Charcoal		
Lighter Fluid		
3		
Matches and Lighter		
Aluminum Foil		
Firewood	Order from the contact provided or BYO. DuraFlame Logs work	
	great to start fires.	
Table cloths		
Eating ware		
Friday Night		
Drinks		
Water		
Burgers/Hot Dogs & Buns		
Chili		
Chips & junk Food		
Saturday Morning (breakfast is served at t	ho dining hall)	
	ne uning nan)	
Cereal Bars	0 % ( 0 )	
Coffee	Coffee for Dads	
Juice	Look for the juice that does not need to be refrigerated	
Milk	The little Horizon Milk boxes don't need to be kept cold.	
Saturday Night		
Steaks/Chicken		
Hot Dogs and Buns		
Salad		
Condiments		
Sunday Morning		
Cereal Bars		
Coffee		
Juice	Look for the juice that does not need to be refrigerated	
Milk	The little Horizon Milk boxes don't need to be kept cold.	
Snacks/Misc		
Snacks	Variety of individually packed snacks	
Ice	Several large ice chests full to keep drinks cold.	
Smores	Graham crackers, chocolate bars, marsh mellows	
Fruit	Apples, Bananas, Grapes, etc.	
Accessories		
Lanterns		
Chairs		
Insect and Tic repellent	<u> </u>	
Sleeping bag or quilt		
Extra blankets		
Pillows		
Toiletries		
Towels		
Towelettes/Wipes		
Hand soap	Anti-bacterial hand gel for kids is good	
Liquid Dish Soap		
Trash bags		
Flashlight and extra batteries		
Ice Chest		
Necessary Rx Medications		
Recreation		
Fishing Tackle		
Fishing Pole		
Cameras and Film		
Jam box and extra batteries		
First Aid Kit		

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Check-In for Friday:

