



SEMONES YMCA

2025 WINTER OUTDOOR POOL SCHEDULE

AQUA FITNESS CLASSES REQUIRE RESERVATIONS
POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

MON

TUE

WED

THU

FRI

SAT

SUN

LAP SWIM

5:00a-12:00p CLOSED

7:00a-12:00p
CLOSED

12:00p-1:00p 2 Lap Lanes (outside lanes)

1:00p-3:00p
10 Lap Lanes

1:00p-4:00p
10 Lap Lanes

1:00p-3:00p
10 Lap Lanes

1:00p-4:00p
10 Lap Lanes

1:00p-4:00p
10 Lap Lanes

3:00p-4:00p
7 Lap Lanes

3:00p-4:00p
7 Lap Lanes

12:00p-5:00p
8 Lap Lanes

1:00p-2:30p
8 Lap Lanes

2:30p-3:30
7 Lap Lanes

3:30p-5:00p
8 Lap Lanes

4:00p-8:00p CLOSED

AQUA FITNESS

3:00p-3:45p

3:00p-3:45p

2:30p-3:15p

FAMILY SWIM

12:00p-5:00p

1:00p-5:00p

We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information

*lane availability is subject to change based on weather. Friday afternoon availability is subject to change based on make up swim lessons canceled due to weather.

If the temperature is below 45° we will transition to the indoor pool.