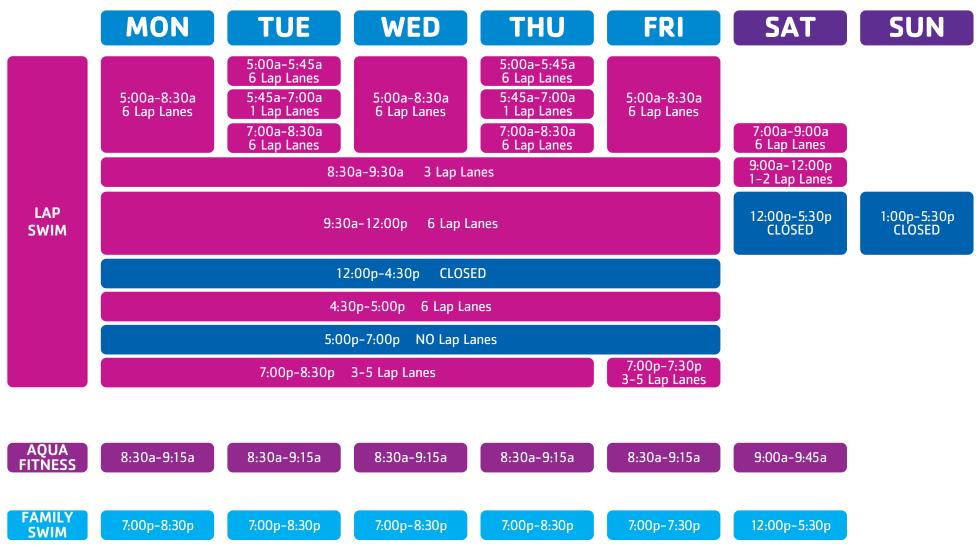


SEMONES YMCA 2025 WINTER INDOOR POOL SCHEDULE AQUA FITNESS CLASSES REQUIRE RESERVATIONS POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS



We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information

*lane availability is subject to change based on weather. Friday afternoon availability is subject to change based on make up swim lessons canceled due to weather.