



COPPELL YMCA

2026 WINTER POOL SCHEDULE

12.01.2025

AQUA FITNESS CLASSES REQUIRE RESERVATIONS
POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

	MON	TUE	WED	THU	FRI	SAT	SUN
LAP SWIM	5:00a-6:00a 6 Lap Lanes						
	6:00a-7:00a 4 Lap Lanes	6:00a-9:00a 6 Lap Lanes	6:00a-7:00a 4 Lap Lanes				
	7:00a-9:00a 6 Lap Lanes		7:00a-9:00a 6 Lap Lanes	8:00a-9:00a 6 Lap Lanes	8:00a-9:00a 6 Lap Lanes	7:00a-8:00a 4 Lap Lanes	
	9:00a-10:00a 1 Lap Lanes	9:00a-11:00a 1 Lap Lanes	9:00a-10:00a 1 Lap Lanes	9:00a-11:00a 1 Lap Lanes	9:00a-11:00a 1 Lap Lanes		
	10:00a-11:00a 6 Lap Lanes		10:00a-11:00ap 6 Lap Lanes				
	11:00a-1:00p 6 Lap Lanes						
	2:00p-3:00p 6 Lap Lanes						
							1:00p-2:00p 4 Lap Lanes
						3:00p-4:45p 3 Lap Lanes	2:00p-3:00p 1 Lap Lanes
							3:00p-4:45p 3 Lap Lanes
	8:00p-8:45p 2 Lap Lanes						
AQUA FITNESS	9:00a-9:45a	9:00a-9:45a 9:45a-10:30a	9:00a-9:45a	9:00a-9:45a 9:45a-10:30a	9:00a-9:45a 9:45a-10:30a	8:00a-8:45a	2:00p-2:45p
FAMILY SWIM					4:45p-7:45p	3:00p-4:45p	2:45p-4:45p
MASTER SWIM	6:00a-7:00a		6:00a-7:00a	TRY MASTER SWIM OUT DROP IN FOR 3 FREE CLASSES!		7:00a-8:00a	

We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information

*Schedule subject to change due to weather, chemicals, programming, etc

*If swim lessons are canceled Monday-Thursday, make-up lessons will be held Friday at 6-8pm

*6a-8a lap swim subject to change for CHS Swim Team