



J.E.R. CHILTON YMCA

2026 WINTER POOL SCHEDULE

1.05.2026

AQUA FITNESS CLASSES REQUIRE RESERVATIONS
POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

	MON	TUE	WED	THU	FRI	SAT	SUN
LAP SWIM	5:00a-6:00a 6 Lap Lanes				5:00a-9:00a 6 Lap Lanes		
	6:00a-7:30a 3 Lap Lanes	6:00a-9:00a 6 Lap Lanes	6:00a-7:30a 3 Lap Lanes	6:00a-7:30a 3 Lap Lanes		7:00a-9:00a 6 Lap Lanes	
	7:30a-9:00a 1 Lap Lanes		7:30a-9:00a 1 Lap Lanes	7:30a-9:00a 6 Lap Lanes		9:00a-10:00a 3 Lap Lanes	
	9:00a-11:00a 2 Lap Lanes					10:00a-11:30a 1 Lap Lanes	1:00p-2:00p 6 Lap Lanes
	11:00a-1:00p 3 Lap Lanes	11:00a-1:00p 4 Lap Lanes				11:30a-4:45p 3 Lap Lanes	2:00p-5:45p 3 Lap Lanes
	7:30p-8:00p 4 Lap Lanes				6:30p-7:45p 3 Lap Lanes		
	8:00p-9:00p 6 Lap Lanes	8:00p-9:00p 6 Lap Lanes	8:00p-8:45p 6 Lap Lanes	8:00p-9:00p 6 Lap Lanes			
AQUA FITNESS	9:15a-10:00a & 10:15a - 11:00a						
FAMILY SWIM	11:00a-1:00p					1:00p-4:45p	2:00p-5:45p
					6:30p-7:45p		

We offer swim lessons and swim team. If interested, please see the front for more information

*Schedule subject to change due to weather, chemicals, programming, etc

*If swim lessons are canceled Monday-Thursday, make-up lessons will be held Friday at 6-8pm

SPLASH INTO FUN!

Our pool is 25 yards and 6 lanes, guarded by certified YMCA Lifeguards.
Schedule changes are seasonal and based on program needs.
Please shower before entering the pool and review the water safety rules.

LAP SWIM is available according to the pool schedule.

- Lap lanes are not available to swimmers under age 10 unless with swim team or swim lessons.
- Ages 10 & Older: May use the pool without adult supervision and during lap swim times. Swim test required.
- We allow up to 3 swimmers per lane. Swimmers are asked to circle swim.
- Lap swimming is for swimming workouts, not play time.

FAMILY SWIM is available to YMCA Members only.

- A swim test is required for all children under age 14 each time. Please see a lifeguard for your swim test.
- Ages 10 & older: May use the pool without adult supervision and during lap swim times. Swim test required.
- Ages 8-9: May use the pool during Open Swim times under the direct supervision of a responsible guardian 14 years or older. Swim test required.
- Ages 0-7: Must have direct supervision at all times. And may only swim during Family Swim time. Children 3 and younger must have a parent in the water. Swim test required.
- All “non-Swimmers” will be provided with and must wear a correctly sized, Coast Guard approved PFD (unless directly working one-on-one with a parent/guardian).
- Family swim is not available if there are make-up swim lessons, swim meets or special occasions.

Please see Member Service Desk to learn how to make reservations for Aqua Fitness classes.

YMCA Mission: To put Christian values into practice through programs that build healthy spirit, mind and body for all.
The YMCA is a 501(c)(3) non-profit organization. Financial Assistance is available.