



# SEMONES YMCA

## 2026 WINTER OUTDOOR POOL SCHEDULE

AQUA FITNESS CLASSES REQUIRE RESERVATIONS  
POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

MON

TUE

WED

THU

FRI

SAT

SUN

### LAP SWIM

5:00a-12:00p CLOSED

7:00a-12:00p  
CLOSED

12:00p-1:00p 2 Lap Lanes (outside lanes)

1:00p-4:00p  
10 Lap Lanes

1:00p-4:00p  
10 Lap Lanes

1:00p-4:00p  
10 Lap Lanes

1:00p-4:00p  
10 Lap Lanes

1:00p-4:00p  
10 Lap Lanes

12:00p-5:00p  
8 Lap Lanes

1:00p-5:00p  
8 Lap Lanes

4:00p-8:00p CLOSED

### AQUA FITNESS

### FAMILY SWIM

12:00p-5:00p

1:00p-5:00p

**We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information**

\*lane availability is subject to change based on weather. Friday afternoon availability is subject to change based on make up swim lessons canceled due to weather.

If the temperature is below 45° we will transition to the indoor pool.