

COURT INFORMATION

- Our court is used for different programs throughout the year including volleyball, basketball, pickleball, camps, group exercise, and more.
- Members can expect changes to the court schedule due to YMCA youth programs, member events and school breaks.
- During the summer months the court will be reserved for summer camp during inclement weather or onsite events.
- 17.5 Laps on the “indoor track” = 1 mile

Court Rules

Respect other members, use appropriate language and exhibit friendly behavior.

Athletic shoes and shirts must be worn at all times.

Water bottles are welcome. Food and water cups are NOT ALLOWED and will be thrown away.

Return any equipment or balls to where they belong when finished.

YMCA Facility Guidelines

- Youth ages 8-9 years old: May use the basketball court under the supervision of a responsible guardian 14+ years old, and may use the fitness floor under the supervision of a YMCA personal trainer or wellness coach.
- Youth ages 10 years old and above: Have full use of the basketball court and may workout on the fitness floor after completing required youth orientation.

FACILITY HOURS

Mon - Thurs.....5:00am - 9:30pm
Friday.....5:00am - 8:00pm
Saturday.....7:00am - 5:00pm
Sunday.....1:00pm - 6:00pm

For more information
contact the YMCA at 972-772-9622

CHILDWATCH HOURS

Monday - Saturday.....8:00am - 1:00pm
Monday - Thursday.....4:00pm - 8:00pm
Sunday.....Closed

Included in Family Memberships

- For ages 6wks-10yrs
- Up to 90 minutes per day