



# COPPELL YMCA

## 2026 SUMMER POOL SCHEDULE

06.01.2026

AQUA FITNESS CLASSES REQUIRE RESERVATIONS  
 POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

|              | MON                         | TUE                          | WED                         | THU                          | FRI                          | SAT                        | SUN                        |
|--------------|-----------------------------|------------------------------|-----------------------------|------------------------------|------------------------------|----------------------------|----------------------------|
| LAP SWIM     | 5:00a-9:00a 3 Lap Lanes     |                              |                             |                              |                              | 7:00a-8:00a<br>4 Lap Lanes |                            |
|              |                             |                              |                             |                              |                              | 8:00a-9:00a<br>1 Lap Lanes |                            |
|              | 9:00a-9:45a<br>1 Lap Lanes  | 9:00a-9:45a<br>1 Lap Lanes   | 9:00a-9:45a<br>1 Lap Lanes  | 9:00a-9:45a<br>1 Lap Lanes   | 9:00a-10:30a<br>1 Lap Lanes  | 8:00a-9:00a<br>1 Lap Lanes |                            |
|              | 9:45a-11:45a<br>3 Lap Lanes |                              | 9:45a-11:45a<br>3 Lap Lanes |                              |                              |                            |                            |
|              |                             | 10:30a-11:45a<br>3 Lap Lanes |                             | 10:30a-11:45a<br>3 Lap Lanes | 10:30a-11:45a<br>6 Lap Lanes |                            | 1:00p-2:00p<br>4 Lap Lanes |
|              |                             |                              |                             |                              |                              |                            | 2:00p-3:00p<br>1 Lap Lanes |
|              | 4:00p-5:00p 6 Lap Lanes     |                              |                             |                              | 4:00p-5:00p<br>3 Lap Lanes   | 3:00p-4:45a<br>3 Lap Lanes | 3:00p-4:45p<br>3 Lap Lanes |
|              | 8:30p-8:45p<br>2 Lap Lanes  | 8:30p-8:45p<br>6 Lap Lanes   | 8:30p-8:45p<br>2 Lap Lanes  | 8:30p-8:45p<br>6 Lap Lanes   | 5:00p-7:45p<br>3 Lap Lanes   |                            |                            |
| AQUA FITNESS | 9:00a-9:45a                 | 9:00a-9:45a<br>9:45a-10:30a  | 9:00a-9:45a                 | 9:00a-9:45a<br>9:45a-10:30a  | 9:00a-9:45a<br>9:45a-10:30a  | 8:00a-8:45a                | 2:00p-2:45p                |
| FAMILY SWIM  | 8:30p-8:45p                 |                              | 8:30p-8:45p                 |                              | 4:00p-7:45p                  | 3:00p-4:45p                | 3:00p-4:45p                |

**We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information**

\*Schedule subject to change due to weather, chemicals, programming, etc

\*If swim lessons are canceled Monday-Thursday, make-up lessons will be held Friday at 6-8pm