



CROSS TIMBERS YMCA

2026 SUMMER POOL SCHEDULE

06.01.2026

AQUA FITNESS CLASSES REQUIRE RESERVATIONS
 POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

	MON	TUE	WED	THU	FRI	SAT	SUN	
LAP SWIM	9:00a-10:30a 2 Lap Lanes 7:30p-8:30p 1 Lap Lanes	8:30a-10:30a 2 Lap Lanes 10:30a-11:45a 1 Lap Lanes 4:30p-7:00p 1 Lap Lanes 7:00p-7:30p 2 Lap Lanes	9:00a-10:30a 2 Lap Lanes 10:30a-11:45a 1 Lap Lanes 7:30p-8:30p 1 Lap Lanes	8:30a-10:30a 2 Lap Lanes 10:30a-11:45a 1 Lap Lanes 7:30p-8:30p 1 Lap Lanes	8:30a-10:30a 2 Lap Lanes 10:30a-11:45a 1 Lap Lanes 4:30p-7:30p 2 Lap Lanes	9:00a-12:00p 3 Lap Lanes 4:30p-7:30p 2 Lap Lanes	9:00a-12:00p 2 Lap Lanes 12:00p-4:00p 3 Lap Lanes	1:00p-4:00p 3 Lap Lanes
AQUA FITNESS	7:30p-8:30p	8:30a-9:30a	7:30p-8:30p	8:30a-9:30a				
FAMILY SWIM	9:00a-11:45a					9:00a-4:00p	1:00p-4:00p	

We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information

*Schedule subject to change due to weather, chemicals, programming, etc

*If swim lessons are canceled Monday-Thursday, make-up lessons will be held Friday at 6-8pm