



# GRAND PRAIRIE YMCA

## 2026 SUMMER POOL SCHEDULE

06.01.2026

AQUA FITNESS CLASSES REQUIRE RESERVATIONS  
 POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

	MON	TUE	WED	THU	FRI	SAT	SUN
LAP SWIM		9:00a-12:00p 1 Lap Lanes	12:00p-3:00p 4 Lap Lanes		7:00a-9:30a 6 Lap Lanes		
		3:00p-5:00p 4 Lap Lanes			1:30p-7:45p 4 Lap Lanes	9:45a-12:00p 1 Lap Lanes	
		5:00p-7:45p 1 Lap Lanes				12:00p-4:45p 4 Lap Lanes	
AQUA FITNESS		7:45a-8:30a				8:30a-9:15a	
FAMILY SWIM	3:00p-5:00p		12:00p-5:00p	3:00p-5:00p	1:30p-7:45p	12:00p-3:45p	

**We offer swim lessons and swim team. If interested, please see the front for more information**

\*Schedule subject to change due to weather, chemicals, programming, etc

\*If swim lessons are canceled Monday-Thursday, make-up lessons will be held Friday at 6-8pm