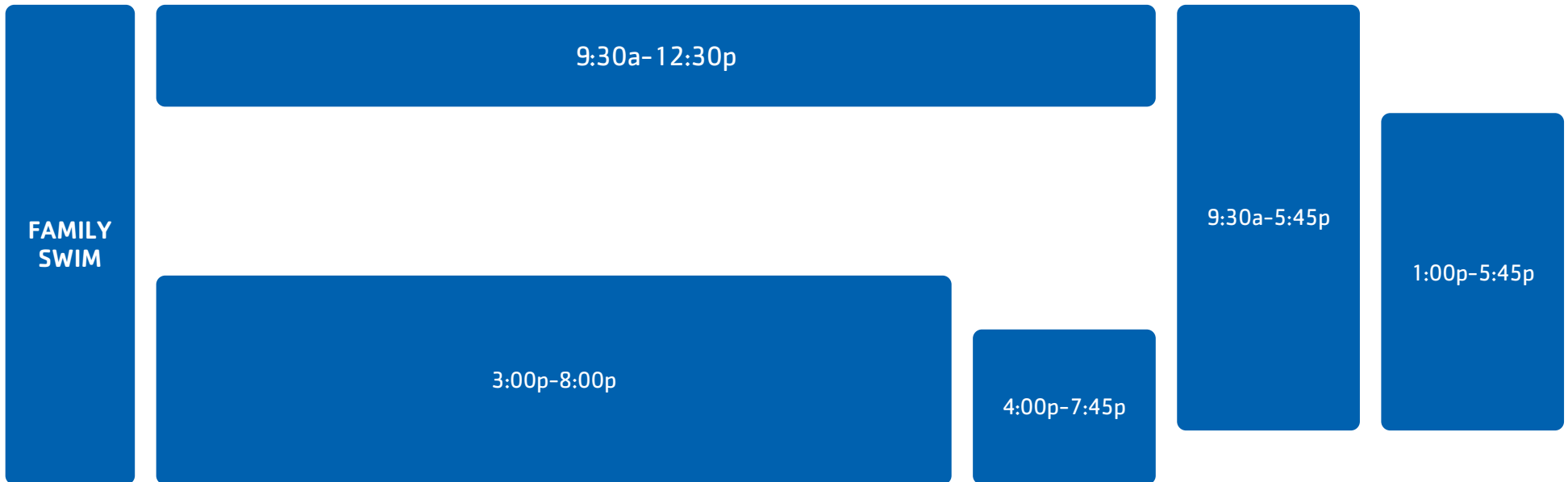




LAKE HIGHLANDS YMCA OUTDOOR POOL SCHEDULE 06.01.2026

AQUA FITNESS CLASSES REQUIRE RESERVATIONS
POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

MON TUE WED THU FRI SAT SUN



We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information

*Lane availability is subject to change based on weather. Friday afternoon availability is subject to change based on make up swim lessons canceled due to weather.