



# MOORLAND YMCA

## INDOOR POOL SCHEDULE

06.01.2026

AQUA FITNESS CLASSES REQUIRE RESERVATIONS  
 POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

MON	TUE	WED	THU	FRI	SAT	SUN
8:00a-9:00a AQUA FITNESS	8:00a-9:00a LAP SWIM	8:00a-9:00a AQUA FITNESS	8:00a-9:00a LAP SWIM	8:00a-9:00a AQUA FITNESS		
9:00a-1:00p SAW	9:00a-1:00p SAW	9:00a-1:00p SAW	9:00a-1:00p SAW	11:00a-12:30p CAMP/SAW	10:00a-11:15a SWIM LESSONS	
12:00p-1:00p LUNCH & SPLASH	12:00p-1:00p LUNCH & SPLASH	12:00p-1:00p LUNCH & SPLASH	12:00p-1:00p LUNCH & SPLASH	12:00p-1:00p LUNCH & SPLASH	11:15a-2:00p FAMILY SWIM	
2:00p-4:00p CAMP	2:00p-4:00p CAMP	2:00p-4:00p CAMP	2:00p-4:00p LIFEGUARD	2:00p-4:00p CAMP/SAW		
4:30p-6:30p SWIM LESSONS	4:30p-6:30p SWIM LESSONS	4:30p-6:30p SWIM LESSONS	4:30p-6:30p SWIM LESSONS	4:30p-7:30p FAMILY SWIM		
6:30p-8:00p FAMILY SWIM	6:30p-7:30p AQUA FITNESS	6:30p-8:00p FAMILY SWIM	6:30p-7:30p AQUA FITNESS			
	6:30p-8:00p FAMILY SWIM		6:30p-8:00p FAMILY SWIM			

LAP LANES AVAILABLE UPON REQUEST. PLEASE ASK A LIFEGUARD.

**We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information**

\*Schedule subject to change due to weather, chemicals, programming, etc

\*If swim lessons are canceled Monday-Thursday, make-up lessons will be held Friday at 6-8pm