



**SEMONES YMCA**  
**2026 SUMMER INDOOR POOL SCHEDULE**  
**06.01.2026**

**AQUA FITNESS CLASSES REQUIRE RESERVATIONS**  
**POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS**

	MON	TUE	WED	THU	FRI	SAT	SUN	
LAP SWIM	7:30a-9:00a 6 Lap Lanes					7:00a-9:00a 6 Lap Lanes		
	9:00a-12:00p 2 Lap Lanes				9:00a-12:00p 6 Lap Lanes		9:00a-12:00p 2 Lap Lanes	
	12:00p-4:00p NO Lap Lanes					12:00p-5:00p 6 Lap Lanes		1:00p-5:00p 6 Lap Lanes
	4:00p-6:00p 6 Lap Lanes							
	6:00p-8:00p 2 Lap Lanes				6:00p-7:00p 6 Lap Lanes			
	8:00p-8:00p 6 Lap Lanes							

**We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information**

\*lane availability is subject to change based on weather. Friday afternoon availability is subject to change based on make up swim lessons canceled due to weather.