



GRAND PRAIRIE YMCA
2026 SUMMER POOL SCHEDULE
06.01.2026

AQUA FITNESS CLASSES REQUIRE RESERVATIONS
POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

MON **TUE** **WED** **THU** **FRI** **SAT** **SUN**

LAP SWIM

9:00a-12:00p	1 Lap Lanes					
		12:00p-3:00p				9:45a-12:00p 1 Lap Lanes
	3:00p-5:00p	4 Lap Lanes				12:00p-4:45p 4 Lap Lanes
	5:00p-7:45p	1 Lap Lanes			4:00p-7:45p 4 Lap Lanes	

AQUA FITNESS

		7:45a-8:30a				8:30a-9:15a
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FAMILY SWIM

3:00p-5:00p		12:00p-5:00p	3:00p-5:00p	4:00p-7:45p		12:00p-4:45p
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We offer swim lessons and swim team. If interested, please see the front for more information

*Schedule subject to change due to weather, chemicals, programming, etc

*If swim lessons are canceled Monday-Thursday, make-up lessons will be held Friday at 6-8pm