



SEMONES YMCA

2026 SUMMER OUTDOOR POOL SCHEDULE

06.01.2026

AQUA FITNESS CLASSES REQUIRE RESERVATIONS

POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS

	MON	TUE	WED	THU	FRI	SAT	SUN	
LAP SWIM	5:00a-6:00a 10 Lap Lanes	5:00a-5:45a 10 Lap Lanes	5:00a-6:00a 10 Lap Lanes	5:00a-5:45a 10 Lap Lanes	5:00a-6:00a 10 Lap Lanes			
	6:00a-8:00a 5 Lap Lanes	5:45a-7:00a NO Lap Lanes	6:00a-8:00a 5 Lap Lanes	5:45a-7:00a NO Lap Lanes	6:00a-8:00a 5 Lap Lanes			
		7:00a-8:00a 10 Lap Lanes		7:00a-8:00a 10 Lap Lanes		7:00a-8:00a 10 Lap Lanes		
		8:00a-9:30a 6 Lap Lanes						
		9:30a-12:00p 7 Lap Lanes					8:00a-10:00a 6 Lap Lanes	
		12:00p-1:00p 2 Wall Lap Lanes						
		1:00p-8:30p 4 Lap Lanes	1:00p-4:30p 4 Lap Lanes	1:00p-8:30p 4 Lap Lanes	1:00p-4:30p 4 Lap Lanes	1:00p-7:30p 4 Lap Lanes	10:00a-5:30p 5 Lap Lanes	1:00p-5:30p 5 Lap Lanes
		4:30p-6:30p NO Lap Lanes		4:30p-6:30p NO Lap Lanes				
		6:30p-8:30p 4 Lap Lanes		6:30p-8:30p 4 Lap Lanes				
AQUA FITNESS	9:30a-10:15a	8:15a-9:30a					8:00a-10:00a	
	3:00p-4:00p		3:00p-4:00p					
FAMILY SWIM & SPLASH PAD	10:30a-12:00p				1:00p-7:00p	10:00a-5:00p	1:00p-5:00p	
	1:00p-8:00p							

We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information
 *lane availability is subject to change based on weather. Friday afternoon availability is subject to change based on make up swim lessons canceled due to weather.