



**COPPELL YMCA**  
**2026 SUMMER POOL SCHEDULE**  
**06.01.2026**

**AQUA FITNESS CLASSES REQUIRE RESERVATIONS**  
**POOL USAGE MAY BE ALTERED TO MEET PROGRAM NEEDS**

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>LAP SWIM</b>	5:00a-9:00a 3 Lap Lanes					7:00a-8:00a 4 Lap Lanes	
						8:00a-9:00a 1 Lap Lanes	
	9:00a-9:45a 1 Lap Lanes	9:00a-9:45a 1 Lap Lanes	9:00a-9:45a 1 Lap Lanes	9:00a-9:45a 1 Lap Lanes	9:00a-10:30a 1 Lap Lanes	8:00a-9:00a 1 Lap Lanes	
	9:45a-12:00p 3 Lap Lanes		9:45a-11:45a 3 Lap Lanes				1:00p-2:00p 4 Lap Lanes
	12:00p-4:00p 2 Lap Lanes	10:30a-11:45a 3 Lap Lanes		10:30a-11:45a 3 Lap Lanes	10:30a-11:45a 6 Lap Lanes		2:00p-3:00p 1 Lap Lanes
							3:00p-4:45p 3 Lap Lanes
		4:00p-5:00p 6 Lap Lanes				4:00p-5:00p 3 Lap Lanes	3:00p-4:45a 3 Lap Lanes
	8:30p-8:45p 2 Lap Lanes	8:30p-8:45p 6 Lap Lanes	8:30p-8:45p 2 Lap Lanes	8:30p-8:45p 6 Lap Lanes	5:00p-7:45p 3 Lap Lanes		
<b>AQUA FITNESS</b>	9:00a-9:45a	9:00a-9:45a 9:45a-10:30a	9:00a-9:45a	9:00a-9:45a 9:45a-10:30a	9:00a-9:45a 9:45a-10:30a	8:00a-8:45a	2:00p-2:45p
<b>FAMILY SWIM</b>	12:00p-4:00p		8:30p-8:45p		4:00p-7:45p	3:00p-4:45p	3:00p-4:45p
	8:30p-8:45p						

**We offer swim lessons, swim team, & adult master swim. If interested, please see the front for more information**

\*Schedule subject to change due to weather, chemicals, programming, etc

\*If swim lessons are canceled Monday-Thursday, make-up lessons will be held Friday at 6-8pm