

White Rock YMCA Basketball Court Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5AM-9AM Open Court	5AM-11AM Open Court	5AM-9AM Open Court	5AM-11AM Open Court	5AM-9AM Open Court	7AM-10AM Adult Full Court Pick up 18+	
9AM-11AM Pickleball	11AM-12:15PM Chair Fitness	9AM-11AM Pickleball	11AM-12:15AM Chair Fitness	9AM-11AM Pickleball	10AM-12PM Pickleball	
11AM-2PM Adult Full Court Pick Up 18+	12:15PM-5PM Open Court	11AM-2PM Adult Full Court Pick Up 18+	12:15PM-5PM Open Court	11AM-1PM Adult Full Court Pick Up 18+	12PM-1PM Beginner Pickleball	1PM-3PM Family Play
2PM-5PM Open Court	5PM-6PM Family & Youth Pickleball	2PM-5PM Open Court	5PM-7PM Pickleball	1PM-3PM Family Play	1PM-2PM Family & Youth Pickleball	3PM-5PM Open Court
5PM-6PM Family Play	6PM-7PM Pickleball	5PM-6PM Family Play	7PM-8PM Teen Full Court Pick Up	3PM-6PM Teen Full Court Pick Up	2PM-4PM Open Court	Stay up to date on the gym schedule on our socials @whiterockymca
6PM-10PM Teen Full Court Pick Up	7PM-10PM Adult Full Court Pick Up 18+	6PM-10PM Teen Full Court Pick Up	8PM-10PM Adult Full Court Pick Up 18+	6PM-8PM Open Court	4PM-6PM Teen Full Court Pick Up	

Basketball Court Schedule, subject to change for special events and YMCA Sports Programming. Call to check court availability 214-328-3849

- Open Court: Ages 10+, shoot around, and 1:1 games. Full-court games are not allowed during this time.
- Adult Full Court: 18+, full court games. Practice shooting is not allowed during this time.
- Teen Full Court: Open to 13-17 years old, teen pick-up games.
- Family Play: Open to guardians (ages 18+) with minors under their supervision to shoot and run drills. Full and Half court games not allowed.
- Pickleball: 16+, the court is reserved for pickleball games. **Reservations made in mind-body, are required for all players**
- Family & Youth Pickleball: 8+ and guardians, are welcomed to play as a family. **Reservations made in mind-body, are required for all players**
- Cleaning: The court will be cleaned by staff at 11AM on Monday, Tuesday, and Thursday. This may cause portions of the court to be off-limits.
- Parents' Night Out: The court will be closed for PNO on the 3rd Saturday monthly beginning at 5PM.

Effective June 1st, 2026