



ADVENTURE GUIDES CAMPOUT PACKET

Sky Ranch September 25th - 27th

Getting Started

Taking your child on an Adventure Guide campout is an incredible opportunity to build a strong relationship with your child and have some unforgettable experiences. If this is your first campout, get ready to make memories that will last a lifetime!

At Sky Ranch, you will find yourself in the beautiful piney woods of East Texas, located outside of Tyler. Whether you are visiting for a weekend or staying for a lifetime, Sky Ranch has the amenities and services to meet your every need, from first-class dining and resorts to some of the greatest challenge events in Texas.

In our effort to make this a positive experience for everyone we ask that you respect the policies and procedures set forth by the camp. All campouts are alcohol free, always practice good fire safety, and make sure all kids are supervised at all times! At Sky Ranch, they will fine \$1,000 per occurrence of alcohol so please respect their rules. Reckless behavior is discouraged and prohibited, and the camp reserves the right to dismiss anyone that doesn't adhere to the policies in place.

Please feel free to contact us with any questions that you might have. We look forward to having you and your child join us for an unforgettable weekend!

-Adventure Guides Team

Pre-Camp Notes

- **Registration Deadline: Friday September 18th**
 - The registration deadline closes Friday September 18th. Any registrations following that will incur a late fee. If you are not sure that you're registered contact your group leader or aginfo@ymcadallas.org. Registration includes Saturday breakfast and lunch. Cabin assignments will be provided when you check-in and everyone will need to check in. Any special needs requirements; please contact Isabella - ihess@ymcadallas.org
- **Burn Ban: In Effect**
 - The county that Sky Ranch resides in is under a burn ban through November 16 unless they receive a significant amount of rain. At the moment, fires are not allowed however they will keep us updated if that changes and the ban is lifted. We will be allowed to have grills and smokers as long as they have a lid.
- **Firewood Deadline: N/A**
 - The county is under a burn ban at the moment and won't be allowing fires at this time. If the ban is lifted, firewood will be provided by Sky Ranch.

Schedule

FRIDAY

Time	What	Where
4:00 pm - 7:20 pm	Check-In	When you arrive, enter through the East Gate. You will be greeted by a staff member who will direct you to parking in the Green Lot where you will check in. Everyone must check in. You will receive cabin assignments when you check-in. A waiver must be filled out prior to going into camp. From the parking area the camp staff will shuttle you to your cabins. <u>You can not drive to the cabins!!</u>

6:00pm	Dinner	On Your Own!
7:30 pm	Leader Meeting	In the Activity Center! Please send your leader to this meeting to receive schedules and any other important information.

SATURDAY

Time	What	Where
7:30 am	Breakfast	Dining Hall.
8:00 am to 12:00 pm	Activities	Sky Ranch offers: ● Zip Lines ● Tree Top Towers ● Water Slides ● Hatchets ● Jumping Pillow ● Volleyball ● Maze ● Basketball ● Mini Golf ● Canoe, Water Trikes, Etc. ● Premium Activities: Arena Games(6-8yo), Trail Rides(8+), and laser tag. Pay for them at the Corner Store Saturday morning
11:30 am	Lunch	Dining Hall
~1:00 pm to 6:00 pm	Activities	Same As Above
6:00 pm	Dinner	On Your Own!
~7:30 pm	Bonfire	Canoe Beach

SUNDAY

Time	What	Where
8:00 am to 10:00 am	Pack Up and Head Out	See y'all next time!

Packing List

Clothing (Label Everything):

- Shirts/Shorts/Pants/Socks/Underwear
- Jeans for Horses
- Warm Jacket
- Hiking Boots
- Backpack
- Closed Toed Shoes

Cooking Gear:

- Grill
- Grilling Utensils
- Charcoal
- Lighter Fluid
- Lighter
- Firewood
- Aluminum Foil
- Tablecloths
- Plates/Cups

Food:

- Hand Sanitizer/Dish Soap
- Trash Bags
- Cooler
- Burgers/Hotdogs
- Steaks/Chicken
- Chips/Fruit/Snacks
- Water/Soda/Juice
- Smores
- Ice

Accessories:

- Chairs
- Flashlights
- Sunscreen/Bug Spray
- Sleeping Bag/Blanket
- Pillows
- Twin Sheet
- Toiletries
- Towels
- Medications
- Fishing Gear
- Torch for Bonfire

Other Information

About Your Campout: This is a full-service campground, meaning that you will be in cabins with heat and in some cases A/C. All cabins will have bathrooms and showers. Cabins sleep anywhere from 14-20 people. The bunkbeds are hard with what resembles a mattress. Bring either blankets or a sleeping bag and pillows. There are no linens, so you need to bring towels and such. Don't forget the stuffed animals and those stinky blankets that every kid has and needs to go to sleep. With that said, make sure you have it when you leave. If you are a light sleeper, consider some ear plugs. These are cabins, not hotel rooms so set your expectations accordingly. Please keep the kids from jumping off the bunk beds – a broken leg or twisted wrist is not the memory you are looking to achieve.

Roles: Most groups will assign roles. One person responsible for ordering the firewood, one to bring food one to cook, a cook or grill master, therapist, mediator and such – everyone should take a role. Pack whatever you like but expect the kids to raid each cooler – so bring extra. Don't expect the kids to eat much so attempt to bring snacks that might offer some nutritional value (cereal bars, fruit, Lunchables and other make-believe healthy stuff – protein wards off bad behavior.) Make sure you pack any medicines your child need but also bring your usual off the shelf meds too (allergy meds, Tylenol, whatever) – there are no pharmacies nearby. Bring extra shoes and socks, a pair of long pants and closed toe shoes. And we hate to say it, bring rain gear.

Chant or Song: Each Group should create a chant, war song or some other creative way to vocalize their Group. Each Group will be asked to sing, shout or scream their chant or song at bonfire.

Horses: Riding is available for an additional cost of \$36 for Arena Games and \$45 for Trail Rides. First come, first serve. You can sign up at the Corner Store in the dining hall. Long pants and closed toe shoes are required for horseback riding. For kids 6-8, they can participate in arena games. Older kids are allowed to do trail rides.

Zipline: Make sure you have closed-toed shoes if you want to be able to head down the zipline.

Laser Tag: Laser Tag is an additional \$17 per person. You can sign up at the Corner Store in the dining hall. Get ready to take a classic arcade game into the woods! Dodge incoming

laser blasts, crouch behind logs to remain unseen, and aim through trees to tag the rival team.

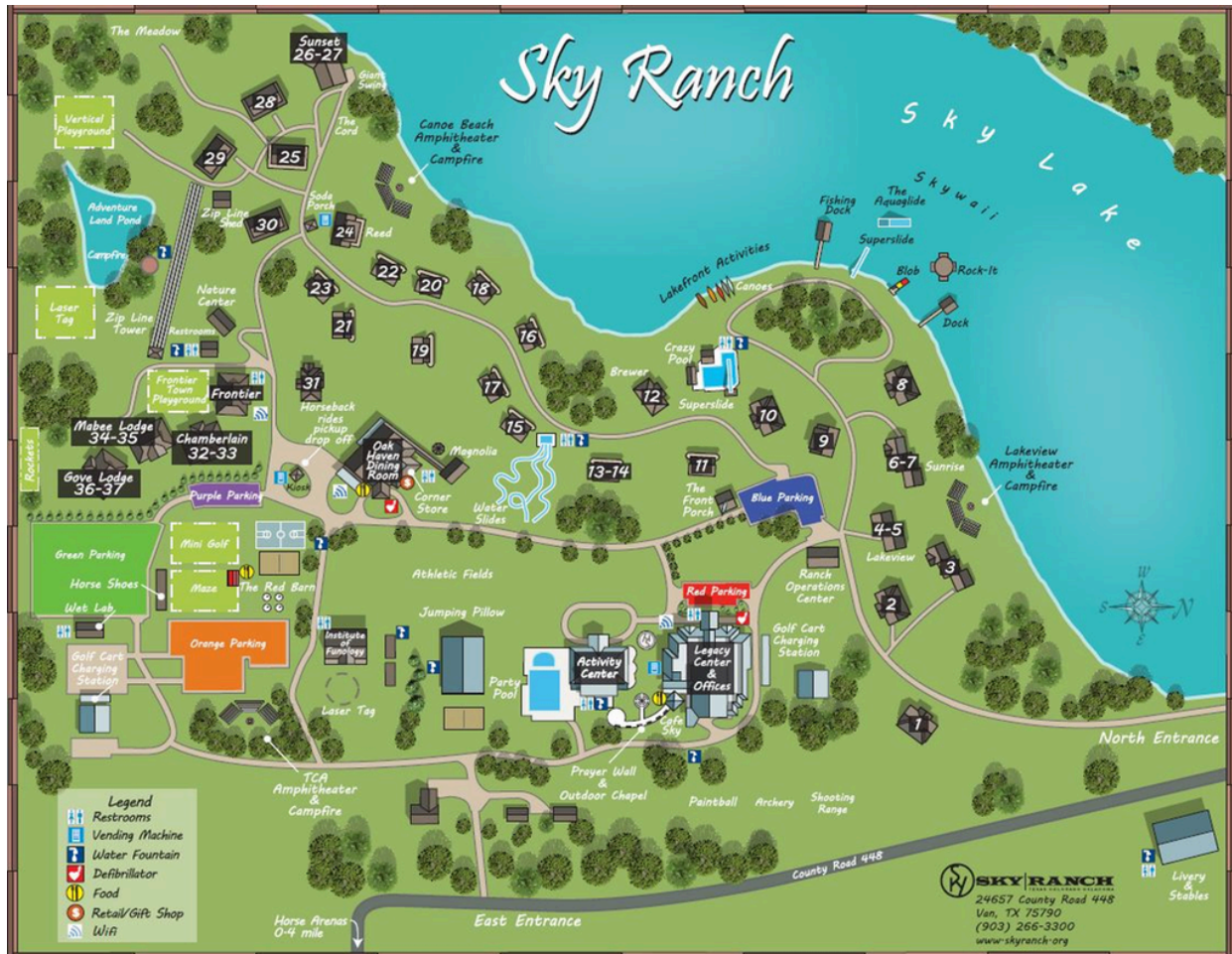
Directions and Check in Procedures Once you have checked in, you will be given your cabin assignments. You cannot drive to the cabin. You will load your stuff onto a trailer and a Sky Ranch staff member will drive you and your items down to your cabin.

Waterfront: No swimming is permitted in the lake without a certified lifeguard on duty. Everyone must wear a properly secured lifejacket at all times while on the lake.

Camp Cooking: All the cabin areas will have a fire pit. Typically, the fire pits do not offer much of a grill to cook on. Many bring portable gas grills or charcoal grills. Just remember, sometimes you may be quite a distance from your camp area. You can also bring a grill to place over the fire pit or put some charcoal in the fire pit for cooking. There are raccoons that will break into the coolers at night, so make sure you secure things the best you can.

Campfires: Please be safe around the fires, burn only firewood – no bombs, cans, trash or other debris. Campfires are great fun, enjoy them safely. No cutting/chopping down trees. Keep fires in the fire pits/rings ONLY. Please do not move the fire rings.

Camp Map



YMCA Adventure Guides Policies

No Tolerance Alcohol Policy

The YMCA Adventure Guide program is an alcohol and a drug-free environment. The use of alcohol or illegal drugs on YMCA property or during a YMCA Adventure Guide event is strictly prohibited. The YMCA Adventure Guide program has a no tolerance policy. Anyone found drinking or using illegal drugs will be asked to leave the program for one year.

This policy is consistent with the mission of the YMCA and is the policy dictated by the YMCA of Metropolitan Dallas.

YMCA Mission

To put Christian values into practice through programs that building healthy spirit, mind and body for all.

YMCA Core Values:

Caring, Honesty, Respect, Responsibility

Child Abuse Prevention

Per registration waivers, you are also agreeing to this code of conduct, parent participants of the program understand and agree to refrain from:

- Subjecting any child to neglect or to mental, verbal, physical, or sexual abuse.
- Leaving any child unsupervised.
- Being alone with any child where we cannot be observed by others, including restrooms and cabin/tents.
- Changing clothes, showering or using the restroom in front of any children in any cabin/tents, restrooms, or other changing areas.
- Transporting any children in my vehicle (unless my own child is involved in a neighborhood carpool).
- Attempting to contact or foster a relationship outside of the YMCA program with any child.
- Showing favoritism to any one child through gifts or special favors.