ADVENTURE GUIDES CAMPOUT PACKET

Camp Grady Spruce: 10/23-25

Getting Started

Taking your child on an Adventure Guide campout is an incredible opportunity to build a strong relationship with your child and have some unforgettable experiences. If this is your first campout, get ready to make memories that will last a lifetime!

At Camp Grady Spruce, you will find yourself in the heart of the foothills of the Palo Pinto Mountains, less than 75 miles west of Fort Worth. Possum Kingdom is the Great Lake of Texas with more than 18,000 acres of crystal-clear water – it's a Texas oasis surrounded by beautiful cliffs and rolling hillsides.

In our effort to make this a positive experience for everyone, we ask that you respect the policies and procedures set forth by the camp. All campouts are alcohol-free; always practice good fire safety, and make sure all kids are supervised at all times! Reckless behavior is discouraged and prohibited, and the camp reserves the right to dismiss anyone who doesn't adhere to the policies in place.

Please feel free to contact us with any questions that you might have. We look forward to having you and your child as our guests!

-Adventure Guides Team

Pre-Camp Notes

- Registration Deadline: Closed
  - If you are not sure that you're registered, contact aginfo@ymcadallas.org. Registration includes Saturday breakfast, lunch, and grab-and-go Sunday breakfast. We'll provide cabin assignments when you check in, and everyone will need to check in. Any special needs requirements: please contact Isabella at lhess@ymcadallas.org
- Firewood Deadline: Wednesday, October 21st
  - The burn ban has currently been lifted! If anything happens to change, I will let you all know.
  - A2Z Tree will deliver a bulk bag for $225. You can order from this link: http://www.a2ztree.com/ymcawood. The Trading Post (small convenience store near Spruce) will have firewood available to purchase as well for those who would like a smaller amount.
  - Please be respectful of the fire rings provided and keep your fires within the fire rings. Only burn firewood, no trash or other debris. Fires MUST be put out COMPLETELY before leaving Sunday.

Schedule

FRIDAY

Time	What	Where
4:00 pm - 7:20 pm	Check-In	Everyone must check in at the Welcome Center! 3000 Park Rd. 36, Graford, TX 76449. If you arrive after 7:20, please contact your group leader for your cabin assignment and check in with an AG leader in the morning.
6:00pm	Dinner	On Your Own!
7:30 pm	Leader Meeting	Will be in the Main Dining Hall. Please send your leader.

SATURDAY

Time	What	Where
7:00 am	Breakfast	Main Camp or Ray Bean Dining Hall depending on the side of camp you are staying on.
8:00 am to 12:00 pm	Activities	Camp Grady Spruce offers: ● Barge Rides to Devil's Island ● Zipline (60lb. min) ● Archery/BBs ● Horses ● Johnson's Peak Hike ● Sports Courts/Fields ● Fishing
12:00 pm	Lunch	Main Camp or Ray Bean Dining Hall depending on the side of camp you are staying on.
1:00 pm to 5:00 pm	Activities	Same As Above
6:00 pm	Dinner	On Your Own!
~7:30 pm	Bonfire	Main Camp bonfire. More info with be provided at the leader meeting.

SUNDAY

Time	What	Where
~7:30 am to 9:30 am	Come-And-Go Breakfast	Main Camp or Ray Bean Dining Hall
10:00 am	Pack Up and Head Out	See y'all next time!

Packing List

Clothing (Label Everything):

- Shirts/Shorts/Pants/Socks/Underwear
- Jeans for Horses
- Jacket
- Hiking Boots/Sneakers
- Backpack
- Shower shoes

Cooking Gear:

- Grill
- Grilling Utensils
- Charcoal
- Lighter Fluid
- Lighter
- Firewood
- Aluminum Foil
- Tablecloths
- Plates/Cups

Food:

- Cooler
- Hand Sanitizer
- Burgers/Hotdogs
- Steaks/Chicken
- Chips/Fruit/Snacks
- Water/Soda/Juice
- Smores
- Ice

Accessories:

- Chairs
- Flashlights
- Sunscreen/Bug Spray
- Sleeping Bag/Blanket
- Pillows
- Twin Sheet
- Toiletries
- Towels
- Dish Soap
- Trash Bags
- Medications
- Fishing Gear
- Torch for Bonfire

Other Information

About Your Campout: This is a full-service campground, meaning that you will be in cabins with heat and in some cases A/C. All cabins will have bathrooms and showers. Cabins sleep anywhere from 14-20 people. The bunkbeds are hard with what resembles a mattress. Bring either blankets or a sleeping bag and pillows. There are no linens, so you

need to bring towels and such. Don't forget the stuffed animals and those stinky blankets that every kid has and needs to go to sleep. With that said, make sure you have it when you leave. If you are a light sleeper, consider some ear plugs. These are cabins, not hotel rooms so set your expectations accordingly. Please keep the kids from jumping off the bunk beds – a broken leg or twisted wrist is not the memory you are looking to achieve.

Roles: Most groups will assign roles. One person responsible for ordering the firewood, one to bring food one to cook, a cook or grill master, therapist, mediator and such – everyone should take a role. Pack whatever you like but expect the kids to raid each cooler – so bring extra. Don't expect the kids to eat much so attempt to bring snacks that might offer some nutritional value (cereal bars, fruit, Lunchables and other make-believe healthy stuff – protein wards off bad behavior.) Make sure you pack any medicines your child needs but also bring your usual off the shelf meds too (allergy meds, Tylenol, whatever) – there are no pharmacies nearby. Bring extra shoes and socks, a pair of long pants and closed toe shoes. And we hate to say it, bring rain gear.

Chant or Song: Each Group should create a chant, war song or some other creative way to vocalize their Group. Each Group will be asked to sing, shout or scream their chant or song at bonfire.

Horseback Riding: Riding times will be assigned at the Group leaders' meeting on Friday night. Please get to your designated departure point 5-10 minutes early. All riders must wear helmets (provided), long pants, and closed toe shoes.

Boat Rides to Hell's Gate: A ten-minute boat ride to a deserted island where you can hike and explore. The view from on top of the island is great. This is about a 1½ hour trip.

Zipline/Climbing Wall: Make sure you have closed-toed shoes if you want to be able to climb up the rock wall or head down the zipline.

Directions and Check in Procedures: Once you have checked in, you will be given your cabin assignments. You may drive near your cabin and quickly unload your car. Do Not Drive On The Grass! Immediately move your car to the designated parking areas.

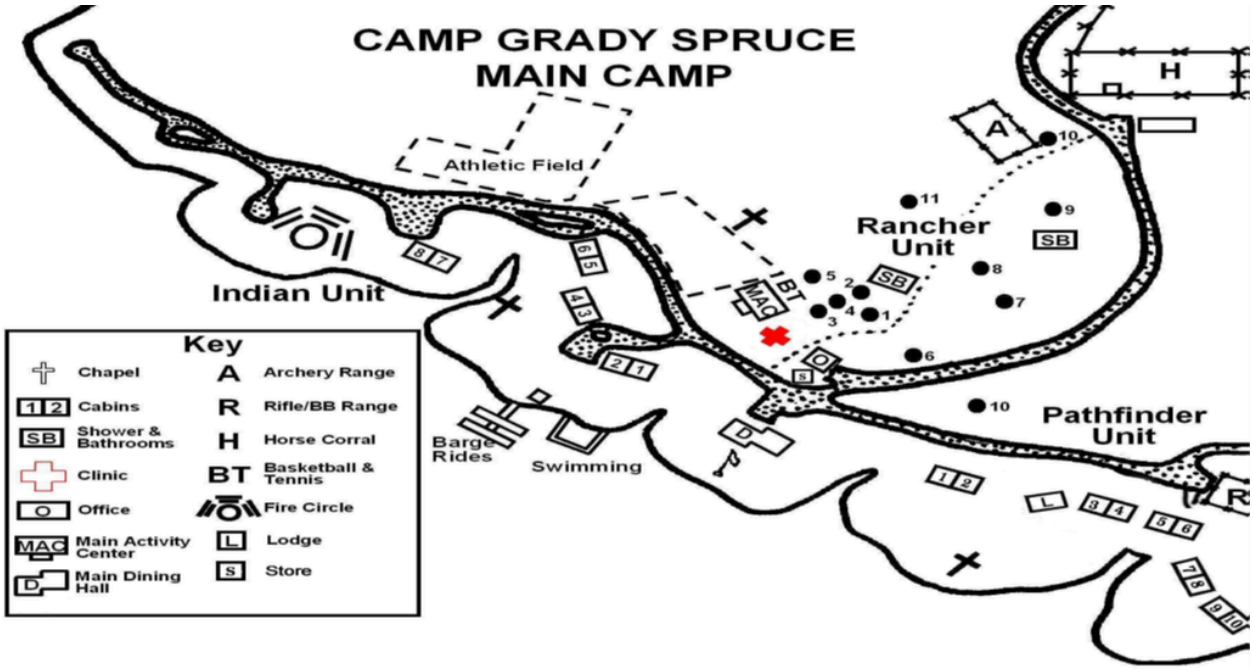
Waterfront: No swimming is permitted in the lake without a certified lifeguard on duty. Everyone must wear a properly secured lifejacket at all times while on the lake. Adults must be present in all canoes.

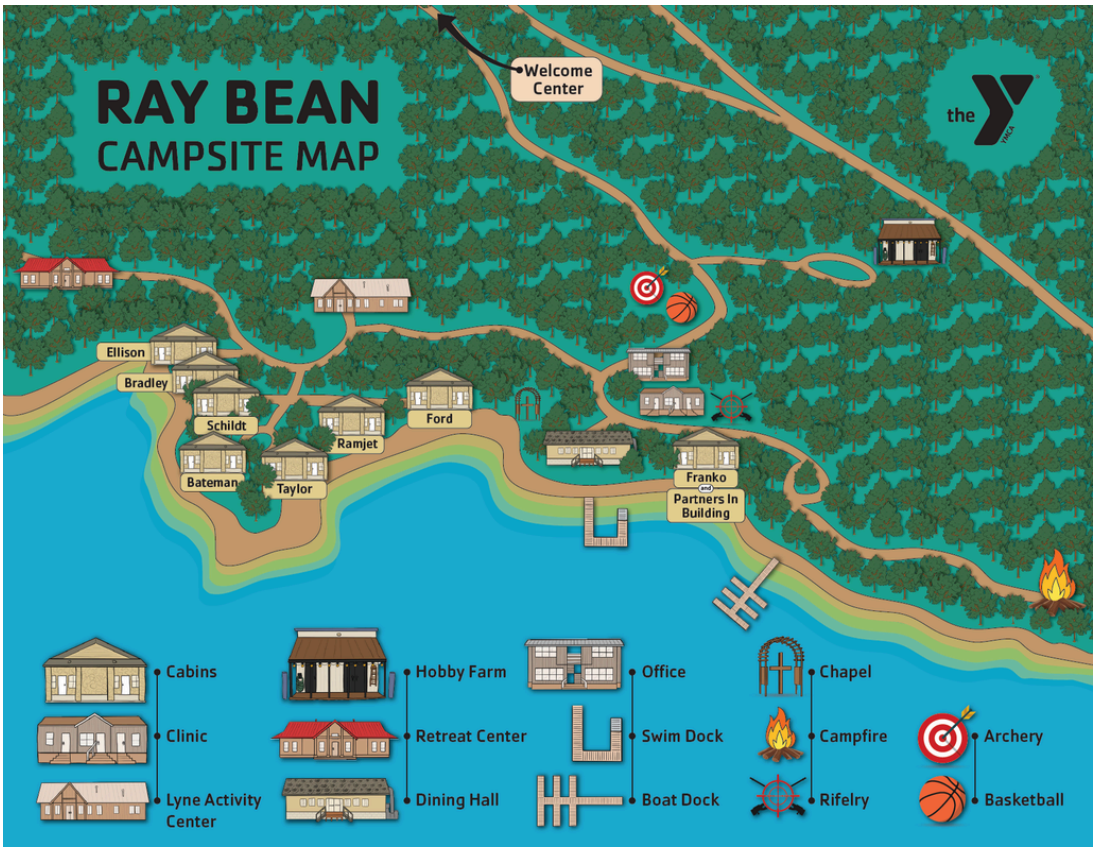
Camp Cooking: All the cabin areas will have a fire pit. Typically, the fire pits do not offer much of a grill to cook on. Many bring portable gas grills or charcoal grills. Just remember,

sometimes you may be quite a distance from your camp area. You can also bring a grill to place over the fire pit or put some charcoal in the fire pit for cooking. There are raccoons that will break into the coolers at night, so make sure you secure things the best you can.

Campfires: Please be safe around the fires, burn only firewood – no bombs, cans, trash or other debris. Campfires are great fun, enjoy them safely. No cutting/chopping down trees. Keep fires in the fire pits/rings ONLY. Please do not move the fire rings.

Camp Maps





YMCA Adventure Guides Policies

No Tolerance Alcohol Policy

The YMCA Adventure Guide program is an alcohol and a drug-free environment. The use of alcohol or illegal drugs on YMCA property or during a YMCA Adventure Guide event is strictly prohibited. The YMCA Adventure Guide program has a no tolerance policy. Anyone found drinking or using illegal drugs will be asked to leave the program for one year.

This policy is consistent with the mission of the YMCA and is the policy dictated by the YMCA of Metropolitan Dallas.

YMCA Mission

To put Christian values into practice through programs that building healthy spirit, mind and body for all.

YMCA Core Values:

Caring, Honesty, Respect, Responsibility

Child Abuse Prevention

Per registration waivers, you are also agreeing to this code of conduct, parent participants of the program understand and agree to refrain from:

- Subjecting any child to neglect or to mental, verbal, physical, or sexual abuse.
- Leaving any child unsupervised.
- Being alone with any child where we cannot be observed by others, including restrooms and cabin/tents.
- Changing clothes, showering or using the restroom in front of any children in any cabin/tents, restrooms, or other changing areas.
- Transporting any children in my vehicle (unless my own child is involved in a neighborhood carpool).
- Attempting to contact or foster a relationship outside of the YMCA program with any child.
- Showing favoritism to any one child through gifts or special favors.